

Empowering Independence

CLW DHILS - SPECIAL EDITION (VOLUME 30)

Governor Baker's COVID-19 Updates

New capacity and gathering limits (started Monday, 2/8/2021):

- **NEW: 40% capacity limit** [old: 25%]
- **Restaurants** and **close contact personal services** can open at a **40% capacity limit**.

Read more [here](#).

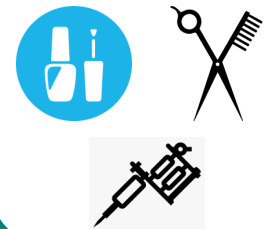
40%

- Arcades/Recreation
- Driving/Flight Schools
- Gyms/Health Clubs
- Libraries
- Museums
- Retail
- Offices
- Places of Worship
- Lodging (common areas)
- Golf (indoor areas)
- Movie theaters (less than 50 people per theater)



Close Contact Personal Services:

- Massage therapy
- Nail salons
- Tattoo parlors
- Electrolysis



New TV Ad Campaign:

Trust the FACTS, Get the VAX

Governor's Press Conference

(Friday, 2/5/2021):

youtu.be/u04KusqT2FI

ASL Version "Trust the Facts":

https://youtu.be/U24_CAPtUhE



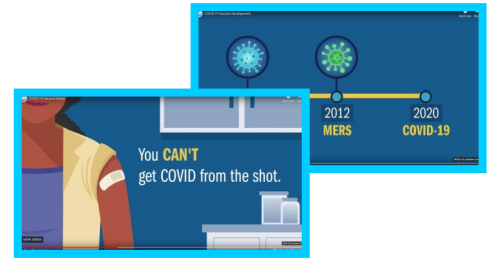
CENTER FOR LIVING & WORKING, INC.

WHAT'S UP?

New Animated Vaccine Videos

New TV ads show different doctors/medical staff from all over Massachusetts talking about:

- **How safe is the vaccine?**
- **Encourage people to get vaccinated** when it's their turn.



Want to learn more? Visit www.mass.gov/CovidVaccine

Watch all the ads and videos here: www.mass.gov/info-details/trust-the-facts-get-the-vax-campaign-materials#animated-videos

COVID-19 Vaccines


Center for Disease Control (CDC) has the latest information about COVID-19 vaccines including:

- *Vaccine Types*
- Understanding *How COVID-19 Vaccines Work*
- *Authorized Vaccines*
- *Vaccines in Phase 3 Clinical Trials*


www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html

COVID-19 and Vaccine Basics


Key facts about COVID-19 vaccination




Getting vaccinated can help prevent getting sick with COVID-19



People who have already gotten sick with COVID-19 may still benefit from getting vaccinated



COVID-19 vaccines cannot give you COVID-19



COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests*

Vaccine Myths:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/about-vaccines/vaccine-myths.html>

NOTE: See separate *SE Resources* page for more information or contact your Skills Trainer with questions.

AFTER I get the Vaccine: *What do I do ?*

After Vaccination

- Continue COVID-19 prevention measures:

Cover your nose and mouth with a mask.

Stay at least 6 feet from people who don't live with you.

Avoid crowds and poorly ventilated spaces.

Wash your hands.

Clean and disinfect frequently touched surfaces.

Vaccination Call Center For Appointments

Are you age 75 or older, but don't have a computer/can't make an online vaccination appointment?

- Call 211 to help make an appointment.
- Hours:** Monday-Friday from 8:30 a.m. - 5 p.m.
- Options for English, Spanish and more than 100 other languages available.

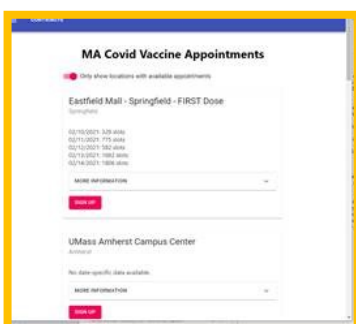


Website still available to make appointments:

www.mass.gov/info-details/covid-19-vaccination-locations

You can also find a vaccination appointment here:

<https://www.macovidvaccines.com/>



Who Can Get Vaccinated Now?

COVID-19 Vaccination in MA: Phase 1 & 2 Eligibility Status

Phase	Group	Status
Phase 1	All phase 1 priority groups	Now eligible ✓
Phase 2	1 Individuals age 75+	Now eligible ✓
	2 Individuals 65+ and individuals with 2+ certain medical conditions	Not yet eligible
	3 Early education and K-12 workers, transit, grocery, utility, food and agriculture, sanitation, public works, and public health workers	Not yet eligible
	4 Individuals with 1 certain medical condition	Not yet eligible

NOT
YET



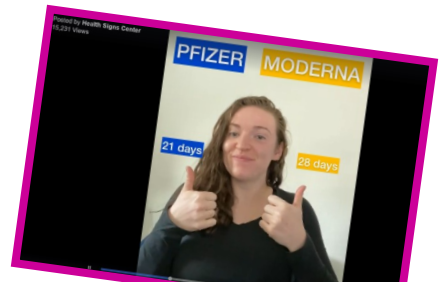
ASL Vlogs about COVID-19 Vaccine

Why do I have to get two shots?

<https://fb.watch/3mWBQapvft/>

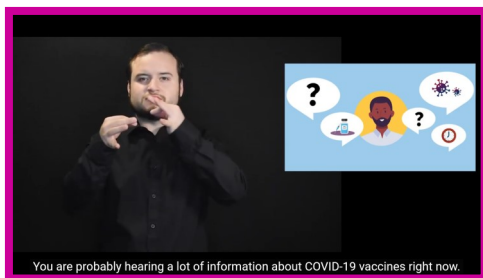
What's the difference between Moderna and Pfizer vaccines?

- <https://fb.watch/3mUfAjSGcq/>
- <https://www.instagram.com/p/CKpCdXNFVtB/?igshid=t6fienaod9e8>



Frequently Asked Questions About The COVID-19 Vaccine:

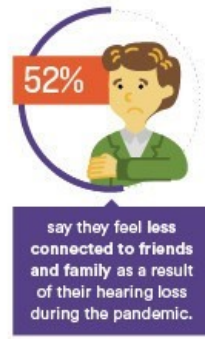
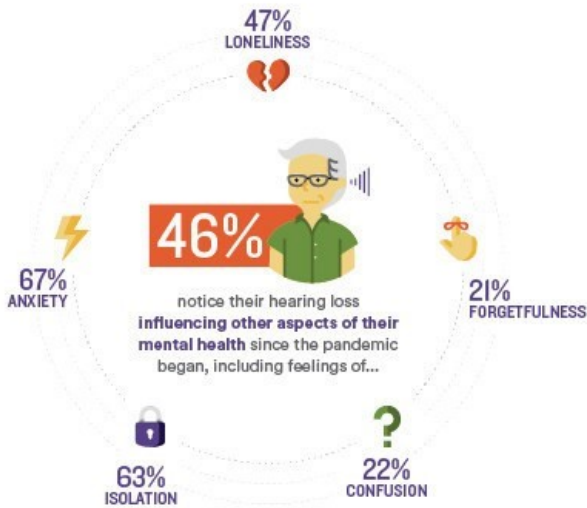
- https://www.youtube.com/watch?v=ycBt_7ux300



Find more VLOGs [here](#).



Hearing Loss and the Pandemic



>>> HEARING LOSS AND ACCESSIBILITY

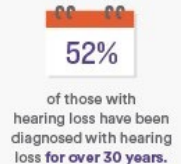


>>> HEARING LOSS AND TECHNOLOGY



- 68%** of those with hearing loss have increased their use of technology during the pandemic to communicate with others.
- 55%** say their hearing loss creates challenges while using technology to communicate.
- 45%** use assistive hearing devices that make it easier to communicate.
- 68%** say pandemic-related increased use of technology has caused them to become more aware of their hearing loss.

>>> SURVEY DEMOGRAPHICS



Read the full article [here](#).

Frequently Asked Questions about the COVID-19 Vaccine

FAQs and Key Messages for Communities

1 Why should I get vaccinated for COVID-19?

COVID-19 can cause serious illness or even death. There is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you. All COVID-19 vaccines currently available in the United States have been shown to be highly effective at preventing COVID-19 disease. Even if you still get infected after you get vaccinated, the vaccine may prevent serious illness.



2 Can the vaccine give me COVID-19?

No, the vaccine does not cause COVID-19. None of the approved COVID-19 vaccines contain the virus that causes COVID-19. It does take a few weeks after vaccination for your body to build up antibodies to protect you from the virus. That means it's possible you could be infected with the virus that causes COVID-19 just before or just after getting the vaccine and still get sick.

3 Will the shot hurt or make me sick?

Some people might get sore muscles, feel tired, or have mild fever after getting the vaccine. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a few days. If you have any concerns, call your doctor or nurse.

4 Why do I need two COVID-19 shots?

Some COVID-19 vaccines need two shots. The first shot gets your body ready. If you are told you need two shots, make sure that you get your second shot at the time you are told, to make sure you have full protection.



Frequently Asked Questions about the COVID-19 Vaccine

5 Should I get vaccinated if I already had COVID-19?

Yes, you should still be vaccinated because you can become infected more than once. Although you may have some short-term natural protection (known as immunity) after recovering from COVID-19, we don't know how long this protection will last. Vaccination is the best protection, and it is safe. People who get COVID-19 can have serious illnesses, and some have terrible symptoms that continue for months. If you have had COVID-19, ask your doctor, nurse, or clinic when you should be vaccinated.

6 When will I be able to get the vaccine?

Although CDC makes recommendations for who should be offered COVID-19 vaccine first, each state has its own plan for deciding who will be vaccinated first and how they can receive vaccines. Please [contact your local health department](#) for more information on COVID-19 vaccination in your area.

7 Do I have to pay for the vaccine?

No. The federal government is providing the vaccine free of charge to all people living in the United States.

8 Do I still need to wear a mask and socially distance after getting the vaccine?

Yes. While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic, like wearing a mask over your nose and mouth, washing your hands often, and staying at least 6 feet away from people who don't live with you. Together, COVID-19 vaccination and following CDC's recommendations for [how to protect yourself and others](#) will offer the best protection from getting and spreading COVID-19.



DHILS Deaf Skills Trainer (P/T 20 hours)

Provide Independent Living skills training, peer counseling, resources and advocacy to Deaf consumers.



- Part-time – 20 hours.
- Fluent in ASL (required).

See the full job description and requirements [here](#).

Questions? Contact Deb Olson at: dolson@centerlw.org

Zoom Guide

CLW DHILS made a guide for using Zoom. Step-by-step instructions and pictures show how to:

- Download the Zoom app
- Join/Leave a meeting
- Gallery View vs. Speaker View
- Pin a screen



WANT A COPY? Contact Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)

NOTE: let us know which one(s) you want! (Computer/Cell Phone/iPad)

Audiology Lending Library

Is your deaf/hard of hearing child getting services from *Boston Children's Hospital (BCH) Audiology*?

If yes, you can borrow books from their library for free!

The library will match your child's age, gender, and hearing technology to the most meaningful stories for them.

Contact your *BCH* audiologist.



Android anticipation is over.

Hi Dad! Would you like to get together for game night? Great! We'll see you soon.

GET IT ON Google Play

<https://captioncall.com/mobile>

US Census—American Community Survey

What is it?

- Ongoing survey (done every year).
- Helps decide how federal and state funds are given out.
- Helps your town plan for: hospitals, schools/school lunch programs, emergency services, bridges, and support businesses who want to add jobs/grow, and more.

What does it look like? See images below.

If you get this in the mail please **follow the instructions** to fill out the survey!

U.S. Census Bureau
National Processing Center
1201 E. 10th St.
Jeffersonville, IN 47132
OFFICIAL BUSINESS
Penalty for Private Use \$300

United States® Census Bureau

PRESORTED
FIRST-CLASS MAIL
POSTAGE & FEES PAID
U.S. Census Bureau
Permit No. G-58

ACS 629 250 295 01 111 2101 10
FDXQ7-T4X69
SE0001-029729

The American Community Survey
YOUR RESPONSE IS REQUIRED BY LAW

TO THE RESIDENT OF:
[Redacted]

A message from the Director of the U.S. Census Bureau:
Your address has been randomly selected by the U.S. Census Bureau to participate in the **American Community Survey**. The Census Bureau conducts this survey each year to provide an up-to-date picture of how we live — including our housing, education, and jobs.
Communities across the country rely on information from this survey to plan for important services like health care, internet access, and emergency services.

Respond now at <https://respond.census.gov/acs>
Log in with this user ID: [Redacted]

Your response is required by U.S. law.
Because your household has been asked to participate on behalf of your community, it is vital that you complete the American Community Survey to help meet critical needs in your area.
Your quick, online response conserves natural resources and saves taxpayers' money. If you are unable to respond online, we will send you a paper questionnaire in a few weeks.
If you need help completing the survey or have questions, please call our toll-free number (1-800-354-7271).
Thank you in advance for your prompt response.

Sincerely,
Steven D. Dillingham
Steven D. Dillingham

United States® Census Bureau

Welcome to the American Community Survey. You will need the materials we mailed to you to start the survey.
The U.S. Census Bureau is required by law to keep your information confidential. The Census Bureau is not permitted to publicly release your responses in a way that could identify this household. Per the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data.
Para completar en español, oprima aquí.

Please Log In
Enter the 10-digit User ID found below the barcode on the materials we mailed to you.
User ID: [Redacted]
 I'm not a robot
Log In

SCAM ALERT: Surprise Tax Bill?

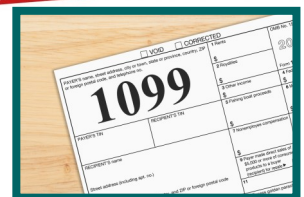
Did you get a 1099-G form for taxes on unemployment money you never got/applied for?

What can you do?

REPORT IT!

- **Identity Theft Central:** www.identitytheft.gov/
- **Unemployment Fraud form:** www.mass.gov/forms/unemployment-fraud-reporting-form

Read more [here](#).



COVID-19 Resources/Data

To save space in the newsletter, you can find all COVID-19 information (maps, data, orders, information, etc.) on these websites listed below. **We will add more sites as needed.**

Vaccine Information	https://www.mass.gov/covid-19-vaccine
US COVID-19 Cases and Deaths by State	https://covid.cdc.gov/covid-data-tracker/#cases_casesper100klast7days
COVID-19 Variant in the US	https://www.cdc.gov/coronavirus/2019-ncov/transmission/variant-cases.html
MA COVID-19 town-by-town map	https://www.wcvb.com/article/massachusetts-coronavirus-covid-19-community-spread-risk-map-color-coded/33646711
MA Travel Order	https://www.mass.gov/info-details/covid-19-travel-order#lower-risk-states
MA Response Reporting	https://www.mass.gov/info-details/covid-19-response-reporting
MA Stop the Spread	https://www.mass.gov/info-details/stop-the-spread ASL Version: https://www.facebook.com/massgov/videos/434334580929189/
Re-Opening MA	https://www.mass.gov/info-details/covid-19-updates-and-information#reopening-massachusetts
Governor Press Conferences	https://www.mass.gov/governor-updates

Questions about this Newsletter?

Need a website address from your printed newsletter? Contact your Skills Trainer!

Joan Philip	<i>DHILS Director</i>	508-762-1165 (VP)
VACANT	<i>Deaf Skills Trainer</i>	508-762-1350 (VP)
Denise Paro	<i>Administrative Assistant</i>	508-556-1600 (VP)
Ellen Perkins	<i>Hard of Hearing Skills Trainer</i>	508-502-7576 (Voice); 508-762-1354 (VP)
Joy Spurlin	<i>Assistant Manager/Skills Trainer</i>	508-762-1166 (VP)
Justina Bailey	<i>Deaf Skills Trainer</i>	508-762-1021 (VP)
Kim White	<i>Staff Interpreter</i>	508-755-1042 x5042; 508-283-1036 (VP)

Contact Us!

Center for Living & Working, Inc.

Deaf and Hard of Hearing Independent Living Services Department

Videophone: 508-762-1164

Voice/TTY: 508-755-1003

www.CenterLW.org



Like us on Facebook!

<https://www.facebook.com/CenterForLivingAndWorking>

UPCOMING EVENTS

Mark Your Calendars



February – June 2021
First Wednesday of the month.
 1:00 – 2:30 PM



Healthy Relationship Support Group on Zoom

- March 3:** COVID impact on DV
- April 7:** Tech Safety
- May 5:** Safety Planning
- June 9:** How to be an Ally/Self-care

RSVP REQUIRED

Contact **Denise Paro** at:
 508-508-556-1600 or
DParo@CenterLW.org

Watch a VLOG here:
<https://youtu.be/H8ghsxZoKZk>

DHILS Consumer Deaf Zoom Chat
Second Tuesday of the month!
 1:00 – 2:00 PM



JOIN US!

- March 9, 2021**
- April 13, 2021**
- May 11, 2021**
- June 8, 2021**

RSVP TO Denise Paro at:
 508-508-556-1600 or
DParo@CenterLW.org

Watch a VLOG here:
<https://youtu.be/OBdXcnYlhBo>

Wednesday, February 17, 2021
 12:00 – 1:30 PM

Black History Month Series: *Is ASL too White?*
Hosted by Gallaudet University
 Register [here](#).



Sunday, February 21, 2021
 10:00 AM – 12:00 PM

MSAD Annual Meeting
On Zoom
 Meeting ID: 458 765 5196
 Passcode: MSAD



February 27, 2021
 4:00 PM

All Things Cochlear A Zoom Meeting on Cochlear Implants.
Hosted by HLAA Boston
 Captions will be provided on the Zoom site.
 Email to register: lizo87@aol.com

Wednesday, March 3, 2021
First and third Wednesday of the month
 10:00 AM – 12:00 PM

Virtual Housing Workshop
Boston Center for Independent Living (BCIL)'s workshop will teach you about affordable housing options in your area and how to apply.
 Register [here](#).



April 9 – 10, 2021

2021 DEN Conference: Innovate & Adapt
Deaf Entrepreneurship Network

On Zoom

Registration: www.goden.org/2021virtualden



Parent/Kids Events

Second Tuesday of the month.
1:00 – 2:00 PM

Mental Health Advocacy Program for Kids

Learn more about MHAP for Kids [here](#).

March 9: Understanding DDS & DMH

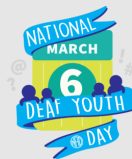
April 13: Delinquency Proceedings/CRA Law

May 11: C&P Proceedings/CRA Law

June 8: School Discipline Rights

Register by sending an email to Michaela: mmacquarrie@hla-inc.org

March 5th



National Deaf Youth Day

[Held annually on March 6th, this year **virtual events** will be on March 5th.]

Learn more and register [here](#).



Worcester Family Partnership

Click [here](#) to see the *February* calendar.

Register for ALL events [here](#).



Worcester Public Library	Holds pickup	Computer appointments	Print/fax/copy appointments
Main Library 508-799-1655	✓	✓	✓
Frances Perkins Branch 508-799-1687	✓	•••••	•••••
Great Brook Valley Branch 508-799-1729	✓	•••••	•••••
Burncoat Branch 508-799-8328	✓	•••••	•••••
Goddard Branch 508-799-8330	✓	•••••	•••••
Roosevelt Branch 508-799-8327	✓	•••••	•••••
Tatnuck Magnet Branch 508-799-8329	✓	•••••	•••••

2-3 days a week only

Reopened services as of 2/1/21 - check mywpl.org for hours and updates

- Open for **LIMITED SERVICES** [limited services].
- **Services include:** holds pickup, appointments for computer use, printing, copying, and faxing.
- Click [here](#) to find out more about your location.
- Click [here](#) for online **Events**.

Don't live in Worcester?
Check out YOUR local library website!