



# Special Edition

## Parents Newsletter

### *Resources for parents and child caregivers*

#### PANDEMIC-EBT PROGRAM



**What is P-EBT?** Extra money for families to buy food while schools are closed due to COVID-19, if your child(ren):

- Receive free or reduced-price meals OR
- Attend a school where every student gets free meals

Families will get \$5.70/child, per closed school day.

You should receive a letter from DTA in May.

*No letter by early June, but think your family qualifies?*

Call Project Bread's FoodSource Hotline: 800-645-8333

Click [here](#) for more information.

#### DHILS SPECIAL EDITION NEWSLETTERS – PAST ISSUES

Missed a *What's Up* or *Parents* Special Edition Newsletter?

Find all issues [here](#) on CLW's website.

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#### EDUCATIONAL



Discovery Museum at Home

Click [here](#).



PBS Learning Media  
*For Students*

Click [here](#).

## VIRTUAL TOURS – MUSEUMS &amp; ZOOS



Google Earth: *National Parks*  
Click [here](#).



Museum of Natural History  
Click [here](#).

## ACTIVITIES – THINGS TO DO!



100 Things to Do!  
Click [here](#).



Girl Scouts at Home  
Click [here](#).



50 Fun Activities for Kids  
Click [here](#).



NEW ENGLAND  
Franklin Park Zoo • Stone Zoo

Zoo New England: *Kids Corner*  
Click [here](#).

## CRAFT PROJECT

## DIY POP-UP CARD



- Card Stock or thick paper
- Colorful construction paper
- White Glue
- Scissors
- Crayons
- Envelope

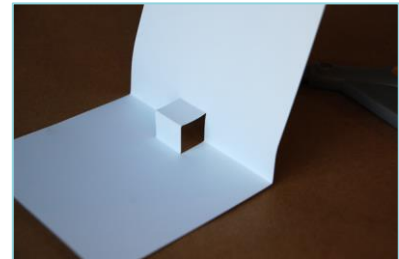
1. Cut card stock/thick paper to size you want.
2. Fold in half.



3. On folded side (1 inch apart and 1 inch long) make 2 cuts.

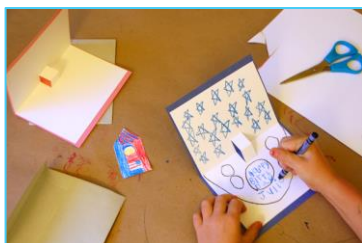


4. Fold tab up and crease it.



5. Open card and push cut part inside.

6. Cut color construction paper (the same size or a little bigger than the card stock).
7. Glue card stock to construction paper. **Don't glue "pop-up" part down.** Let dry.
8. Have your child make and cut out a "pop-up" (flower, heart, etc.).



9. Color card with crayons, markers, or colored pencils.
10. When the card is done, glue "pop-up" in place and let dry.



See more at: <https://tinkerlab.com/simple-diy-pop-up-cards-for-creative-kids/>

## NEW RECIPE TO TRY AT HOME

## RASPBERRY ICE CREAM IN A BAG

Prep/Total Time: 15 min.

Makes: 1 Cup

Ingredients:

- 1 cup half-and-half cream
- 1/2 cup fresh raspberries
- 1/4 cup sugar
- 2 tablespoons evaporated milk
- 1 teaspoon vanilla extract
- 4 cups crushed ice
- 3/4 cup salt

You will also need:

- (2) 1-quart Ziploc plastic bags
- (1) gallon Ziploc plastic freezer bag

Directions:

1. Put first 5 ingredients in 1 small 1-quart bag. Push air out and seal bag.
2. Put filled small 1-quart bag in empty small 1-quart bag. Push air out and seal bag.
3. Put BOTH small 1-quart bags in large gallon bag.
4. Add ice and salt to gallon bag. Push air out and seal bag.
5. Shake and knead cream mixture until thickened, about 5 minutes.



**Cold hands?**  
Wear mittens or wrap bags in a kitchen towel when shaking the bag.

See the recipe at: [tasteofhome.com/recipes/raspberry-ice-cream-in-a-bag/](https://tasteofhome.com/recipes/raspberry-ice-cream-in-a-bag/)

## QUESTIONS ABOUT THIS NEWSLETTER?

## CONTACT YOUR SKILLS TRAINER WITH ANY QUESTIONS!

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